

The Marathon takes place in a location which has scenery which is difficult to find elsewhere in the world, on the slopes of a volcano where we can find recent lava flows where no living creatures have yet settled, as well as older lava flows where clusters of larches and birches are growing. Mt Etna frequently erupts: during the last 5 years, at least one eruption every has been reported every year. These eruptions have lasted from 5 days to more than a months.

### **Saturday 1st November 2014**

7h – 07h45 Last chance to pick up race number at Hotel Biancaneve in Nicolosi

07h30 Transfer from Hotel Biancaneve to Piano Vetore (only for athletes with Hotel+marathon)

08h30 Briefing on the Marathon departure line at Piano Vetore - (1750mt) Etna South

09h00 Start of Etna Valetudo EcoMarathon

12h30-15h00 Pasta Party at Rifugio Ragabo (Etna North)

15h00 Prize giving ceremony

15h30 Bus transfer to the start point at Piano Vetore (Etna south), in order to pick up your cars (option to be booked € 15)

### **Required items:**

- camel bag or flasks belt (min 0,5L) + a stock of food
- survival cloth thermal
- whistle
- wind jacket
- mobile phone (recommended)